

Persona Post Graduate Diploma in
Psychological Wellbeing, Counselling and Psychotherapy

OCTOBER 2019 – JUNE 2021
Residential Units held at CONFORTI INSTITUTE, COATBRIDGE
Study Days held at THE TCS CENTRE, COATBRIDGE

MODULE 1: THE THEORY AND PRACTICE OF THERAPEUTIC CHANGE

2019 Week 1	October Monday 7 th 9.30am - 5.30pm Friday 11 th 2019	Residential
Study Day 1	October Saturday 26 th 9.00am - 5.30pm 2019	Non-residential
Study Day 2	November Saturday 16 th 9.00am - 5.30pm 2019	Non-residential
Study Day 3	November Saturday 30 th 9.00am - 5.30pm 2019	Non-residential
Weekend 1	December Saturday 14 th 9.30am - 5.30pm Sunday 15 th 2019	Residential

MODULE 2: PERSONALITY THEORY, PSYCHOLOGICAL WELLBEING AND PSYCHOPATHOLOGY

2020 Week 2	January Monday 20 th 9.30am - 5.30pm Friday 24 th 2020	Residential
Study Day 4	February Saturday 22 nd 9.00am - 5.30pm 2020	Non-residential
Study Day 5	March Saturday 21 st 9.00am - 5.30pm 2020	Non-residential
Study Day 6	April Saturday 25 th 9.00am - 5.30pm 2020	Non-residential
Study Day 7	May Saturday 30 th 9.00am - 5.30pm 2020	Non-residential
Weekend 2	June Saturday 20 th 9.30am - 5.30pm Sunday 21 st 2020	Residential

MODULE 3: CLIENT ISSUES, REFLECTIVE PRACTICE AND DEVELOPMENTS IN COUNSELLING

2020 Week 3	September Monday 7 th 9.30am - 5.30pm Friday 11 th 2020	Residential
Study Day 8	September Saturday 26 th 9.00am – 5.30pm 2020	Non-residential
Study Day 9	October Saturday 3rd 9.00am - 5.30pm 2020	Non-residential
Study Day 10	October Saturday 24 th 9.00am - 5.30pm 2020	Non-residential
Study Day 11	November Saturday 14 th 9.00am - 5.30pm 2020	Non-residential
Weekend 3	December Saturday 5 th 9.30am - 5.30pm Sunday 6 th 2020	Residential

MODULE 4: RESEARCH ISSUES AND RESEARCH METHODS

2021 Weekend 4	January Saturday 16 th 9.30am - 5.30pm Sunday 17 th 2021	Residential
Study Day 12	February Saturday 20 th 9.00am - 5.30pm 2021	Non-residential
Study Day 13	March Saturday 20 th 9.00am - 5.30pm 2021	Non-residential
Study Day 14	April Saturday 17 th 9.00am – 5.30pm 2021	Non-residential
Week 4	May Monday 10 th 9.30am - 5.30pm Friday 14 th 2021	Residential
Weekend 5	June Saturday 19 th 9.30am - 5.30pm Sunday 20 th 2021	Residential