

Certificate in Clinical Supervision: January 2020 – June 2020

The course is designed to provide counsellors, psychotherapists and other professionals working within the helping professions with the opportunity to develop their knowledge, skills, self-awareness and professional competence to become effective reflective supervisors.

The programme is founded on person-centred principles offering a collaborative, relational approach to supervision and supervisory practice and designed to support the development of practitioners from different theoretical orientations and modalities.

The course is based on the BACP Curriculum for Counselling Supervision and is designed to prepare participants to apply for accreditation as an individual and group supervisor with BACP. The course is also informed by Competence Framework for the Supervision of Psychological Therapies (Roth & Pilling 2008).

Course Objectives: To provide participants with a learning environment which offers:

- a sound theoretical understanding of different models of supervision and the supervisory process
- the opportunity to practice and develop their supervisory skills
- the opportunity to integrate theory and skills into their own individual supervisory style
- the opportunity to reflect on their development with other experienced practitioners
- the opportunity to develop their understanding of the ethical and professional responsibilities of providing supervision in different contexts through discussion and dialogue with other experienced practitioners
- the opportunity to gain experience of individual and group supervision within and out with the context of the programme.

Course Structure: The programme will be held at the TCS Centre Coatbridge. The course is delivered over six months beginning in January 2020 and finishing at the start of June 2020. The programme consists of five modules delivered over five weekends, plus four Peer Group Supervision Practice meetings.

- Module One: January 2020** **Saturday 25th & Sunday 26th 9.30 – 4.30**
The nature and purpose of Supervision, different models of Supervision, the Supervisory Relationship
February 2020 Peer Group Supervision Practice date to be agreed with participants
- Module Two: February 2020** **Saturday 29th & Sunday 1st March 9.30 – 4.30**
Collaborative Practice: individual and group supervision, dynamics and processes
March 2020 Peer Group Supervision Practice date to be agreed with participants
- Module Three: April 2020** **Saturday 4th & Sunday 5th 9.30 – 4.30**
Supervision in different contexts and settings, ethical responsibility and professional accountability
April 2020 Peer Group Supervision Practice date to be agreed with participants
- Module Four: May 2020** **Saturday 9th & Sunday 10th 9.30 – 4.30**
Differences and commonalities in approaches to supervision: Person-Centred, Psychodynamic, CBT and Creative Approaches
May 2020 Peer Group Supervision Practice date to be agreed with participants
- Module Five: June 2020** **Saturday 6th & Sunday 7th 9.30 – 4.30**
Reflective Practice and Assessment of Clinical Competence

Course Requirements:

Attendance of at least **80% of course contact hours, including Peer Group Supervision**. (Missed attendance to be made up by an agreed activity with course tutors)

Completion of **20 hours of clinical supervision** offered by you and provided to members of your profession, which can include **individual (minimum of 12 hours) and group supervision**

Completion of approximately **12 hours of peer supervision practice**

Completion of **8 hours of individual supervision for supervision**, provided by a supervisor who is independent of the course

The successful completion of all course assignments:

- Maintenance of a Reflective Journal Work
- Clinical Placement Portfolio
- Audio Recording of Supervision Session
- Case Study
- Statement and Presentation of Learning and Competence

Full course attendance and completion of the course assignments will lead to the achievement of a Persona Certificate in Clinical Supervision.

Entry Requirements:

The course expects participants to be able to draw on their own experience of supervised clinical practice and therefore it is important that individuals feel sufficiently competent and grounded in their orientation as a practitioner in order to gain maximum learning and development from the programme. With this in mind, applicants will have a minimum 3 years of practice, including training and be qualified practitioners in a helping profession with at least 200 client counselling hours of supervised practice gained post qualification. Applicants will also be members of a Professional Association, with relevant indemnity insurance.

Application Process:

If you are interested in the programme, please complete the Application Form and forward it to the Persona office, along with the name of someone who knows you in a professional capacity (ideally your supervisor) and is willing to provide a reference. There is no formal interview process, however, the course tutors may contact applicants if any questions arise from the application form.

Closing date for applications is December 20th 2019

Course Fees: £ 1100.00. (This includes a deposit of £100.00 to secure a place on the programme)

